

Westown Softball League
Coach Pitch Rules and Expectations
March, 2008

1. Emphasis of this league is to prepare 7 and 8 year olds for the minor league. Goals are to have the players be able to catch at a distance of 20 feet and have the mechanics to hit without the assistance of a tee.
2. Bases should be set at a minimum of 50 feet; but best to play at standard 60'.
3. 11" softball (soft) should be pitched underhand to girls.
4. Game length is 6 innings or league time limit, whichever comes first. No inning can be started after 1 hour and 15 minutes. Game start time is 6:30PM.
5. Play all girls in the field. Play positions in the infield and all extra players in the outfield.
6. Make an effort to play players in various positions throughout the season.
7. No players set the bench.
8. No stealing bases.
9. No balls or strikes called.
10. **Strict 8 pitches per batter. If they do not hit a fair ball in those 8 pitches they are out. However, a foul ball on the last pitch allows another pitch.**
11. Each inning consist of 3 outs or 6 runs for each team.
12. Adult coach is allowed at both first and third base.
13. Team at-bat provides the pitcher and a batting coach.
14. Each team will keep score and exchange batting line-ups.
15. Each team to provide a pitcher and catcher. Catchers should be suited in full gear.
16. Home team to provide 1 game ball. New is not necessary as long as in decent shape.
17. Make up games called due to weather is at coach's discretion. However, attempts should be made to reschedule within normal playing season.
18. Defensive coaches are allowed on field during play. This is encouraged to help facilitate teaching the game.
19. 35' pitchers mound but no set limit on pitching distance. Try to simulate to some degree what girls will see in minors. We want them to be comfortable joining minors.
20. Always teach good sportsmanship.
21. Base running on an overthrow or error should be kept to one base. This allows more girls to get a chance to run bases and allows more girls to bat.
22. If a hit goes to the outfield the runners should be allowed to advance an extra base or two. We are preparing for minors so we want the runners to be alert to what is happening on the field. However, try not to be over aggressive with the base running.